



# Eco H2O Tips

**Be a Water Wise Guy or Gal and make a BIG difference for our planet!**

**Water is a limited natural resource that we all must share and conserve. When it comes to saving water and reducing contaminants, the seemingly small efforts of many people can make a BIG impact! Take the challenge to make some of these water-saving practices part of your daily routine!**

- 💧 Collect rainwater in barrels or buckets for outdoor watering and washing .
- 💧 Turn off the water after you wet your toothbrush.
- 💧 Adjust your clothes washer water level to the size of the load.
- 💧 Time your shower to be five minutes or less (*you'll save 1000 gallons a month!*)
- 💧 Use a nozzle on the hose when washing cars or watering plants.
- 💧 If watering plants, use a drip system to get water directly to the roots rather than sprinklers that cover wide areas.
- 💧 Use a broom instead of a hose to clean driveways and patios.
- 💧 Be sure to quickly fix leaky faucets. *One drip per second wastes five gallons per day!*
- 💧 Chill your drinks and water in the refrigerator rather than using ice.
- 💧 Wash fruits and vegetables in a pan of water rather than running water.
- 💧 Water used to boil pasta or other foods can be reused for watering plants.
- 💧 Make sure dishwashers have full loads or wash dishes in a full sink --- not by running water.



The Living Arts & Science Center is a Lexington, Kentucky non-profit organization that provides creative and educational programs in the arts and sciences for children and adults. Eco H2O Tips is part of the Living Arts & Science Center's *Wonderful Water* initiative to educate about and encourage best practices in water conservation and water quality.

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